

Good morn
July 2022

①

Dear Mr. President - Dear brother, sister,
unknown fellow human...

I've just read yet another article in the papers about terror, weapons, pain. It hurts me, it doesn't make sense, and I want to change it.

I've pondered this long. If you are a brave person and love the people and earth, keep reading; if not - please give these thoughts to s.o. who is -

■ O.K., now first my observations:

our society is so caught up in crisis management that the leaders always fall back onto the same instruments in their attempts to overcome the crisis: weapons, threats, control, fear, violence

so there's always pressure and the need to know everything and to control everything

this is crazy

our belief that technology could solve our problems won't come true

we already see, that quite on the contrary it seems to increase problems or shift them from one exploitation to another

from one people that are mistreated to another

I think 2 things happened too fast:

- the disconnection / separation: body and brain / intellect move fast and worldwide - but not the soul; we don't feel as one earth-organism yet
- the loss of old ways because they seemed not worthy any longer

we've forgotten that 'old' also means 'experienced, optimized, working, established, tried and tested' ②

[I'm writing about this in my Journal 'Society and individual' (Gesellschaft und Individuum (and Individuen))]

today's society focusses on intellect and body
but the third part, the connection within ourselves and inbetween ourselves and the other beings on earth is our Soul - our ability to feel, our emotions, our love for others and EARTH, and today's society makes it very difficult to develop a healthy soul, a caring soul (for a soul will only feel healthy and strong if it's allowed to care for s.o. or s.th. and be loved for doing so)

- the bonding between a baby and mother (caregiver) is essential for a human being to be able to feel welcomed, cared for, safe; the ^{mother satisfies the} basic needs (food/water/shelter / contact) and later on the ^{child will feel and develop} empathy, the good will, the amazement about nature, about the wonders of earth, the way we are moved by beauty, the ability to forgive, to be able to articulate feelings ... vulnerable, part of one another, gentle, touched ... our soul builds the connection between brainy impressions / learning and bodily experiences (smell, touch, taste, movement...), it builds memories ...
- it is necessary to develop a whole human being who is able to feel empathy and understanding;
- what does our society do to nurture the development

of the brain / intellect? → a lot! it's a big focus on school, education, ... ③

society also looks after the body → healthy food, P.E., medical care ...

and the soul? → arts, music, theatre, free play, time for leisure, literature, poetry, nature, gentleness, ...

but not enough of it and sometimes well meant but in a restrictive / poor setting, i.e. online instead of real, and not everyone can participate (money! enrolment fees ...) and some of it is not adjusted to the needs of a child, teenagers

essentially what the soul needs to thrive is : love
love as in : attention, dedication, forgiveness, time, patience, rules, wellmeaning, space, nature, ...

so when we realize ^(again) how important this part of our selves is and nurture it, a lot of our problems will dissolve by themselves, automatically;

maybe my poem can express what I mean:

LOVE shines and becomes really true
when I start the things I need to do

Considering I am part of You;
once this happens

broken selves will heal and grow whole
almost empty glasses start to look full

I'll care for you and you'll care for me -

the moment breathes eternity

④

I feel torn, for on the one hand I'd like to explain what I 'see' what I feel in depth, but on the other hand I know that doing so would take a lot of written words, time & energy - and to put it into writing is difficult because there's always a part missing, it flattens somehow; so I leave it to you to ask questions and read Charles Eisenstein's book "The more beautiful world our hearts know is possible", read also Rudolph Steiner's presentation "Eine Menschheit im Herzen des Menschen", Archiati Verlag, ISBN: 978-3-86772-240-7; essentially what I've done is to translate their ideas into action, into projects we can start to change our old system; maybe not officially with federal funding but ^{public} we - those brave and loving people I've mentioned at the beginning of this letter;

We need to start doing s.th. to provide what's missing; privately; I'm sure you know people who have money and are dedicated to help earth and her inhabitants; we'll do it in little projects and start without talking much about it; it'll be a process taking years but there'll be quick effects, too.

instead of catering to people, let them do it themselves; this will help to give their lives more sense, more bonding, less 'social media', less separation, more opportunities to get away from screens and be active and feel self-effective and -worthy, to be able to have an effect on things

(maybe you could read Larry Rosen's "I-Disorder" in this context, please)

So, we'll ask your friends (the "benevol~~ent~~ers" I'll call them,
 short: "Bs", "bees", because they'll be like bees:
 industrious, hardworking, pollinating good impulses...)

okay, so we'll ask the "Bs" to implement different programs
 and projects, to take care of the costs and logistics
 because the participation should be low cost / cost free and open
 to everyone; offered through schools, youth centers, neighbour
 churches... ^{the Bs themselves} wherever the "Bs" live or want to start;

I think it would be helpful if the "Bs" pick projects that
 they themselves like to spend their time with, so they feel
 comfortable with what they do - as they will establish
 something good and healing

someone to organize the group of "Bs" would be helpful,
 too - maybe 2 or 3 people to map the locations and
 help to swap supplies

ah - supplies! - all of our doing should consider
 its impact on resources, energy, transport... earth's
 health (and ours)

so I'd like it if as much as possible is done
 mechanically, by bike / public transport; second
 hand supplies, flea market goods etc

■ o.k. what are we going to do?!

- we focus on the kids, esp. preschool / kindergarden and
 elementary school age; also toddlers with mom / caregivers;
 they learn by imitating what they see / experience
 (that's pure evolutionary and can't be changed) at
 age 0-7 yrs;

7-14 yrs is the age finer motor skills develop and empathy (!!), kids can learn cultural techniques like reading, writing; abstract thinking starts and understanding (ask a child psychologist to explain this to you, please)

we want to give them lots of opportunities to practise and to keep them away from their portable TV-screens and passive entertainment which harms them in so many ways;

so, whoever is an ardent reader or actor can initiate a get-together (regularly, e.g. once a week) where kids read to senior citizens, you hand out free copies of old children's classics like 'Wind in the Willows' or 'The Secret Garden' or 'Dr. Seuss'..., visit the library together;

if you know professional actors ask them to visit (no war, crime or hero themes! only nature, environment protection, fairy tales, 'society healing stuff')

share your own favourite poems, books, visit with school kids, read to them

what are your hobbies? show them, share them

⇒ speech / literature;

⇒ instruments / music / orchestra / singing together
give kids the opportunity to borrow instruments;
engage music teachers who meet with them

not only trad. american stuff but also other ethnics
e.g. mexican, chinese, afroamerican... literature and songs and instruments

Sometimes it's good to have a meeting place to practice → provide or help to renovate such a space
contact youth within the community, they do the work; Bs pay the rest / materials

⇒ Sports, physical education, but not pro-like

with a lot of gear (which is expensive)

more free play, more like kids played in the 1980s: tag, hide and seek → free spaces, meadows for ball games, jump rope. maybe old, derelict buildings can be torn down and play areas created → youth help, we ask what they wish for (e.g. rock climbing gym)
also: handiworks, crafts with natural materials and in outdoor settings

I realize that I think of Waldorf school campuses: make your own candles, wood and metal work, sculpting...

again: it's important to have no tuition for participants, we could invite kids as a group (e.g. Mexican artist exp. invites Mexican kids (and everyone else) so they feel more comfortable; it could be done at school or community facilities, at home...

→ additionally, educators, teachers, coaches need to be better payed and we need more of them and psychologists too, to 'just be there' if s.o. needs support

→ remodel school playgrounds and have community swimming pools (university etc.) open to the public, esp in hot states, so kids can go there after school to learn how to swim, together as a group of students; indoor swimming pools for the winter; pay for childfriendly instructors, maintenance

→ give away bikes to school kids to bike to school (→ build or mark bike lanes, pos. effect: they get active, reduce their weight, use up energy, learn about bike repair
→ older teens could run a bike repair garage, have 'freight bikes' and run errands for neighborhood citizens, esp. seniors

we could have a competition: which school (or company - since this can also be started for grown up workers,

even federal or state employees!), so which school/firm...
has the highest percentage bikeriders? walkers?

they win free bike repair for a year

kids can learn how to ride a bike and obey traffic rules in 1st-
3rd grade and get a bike rider's licence; bike manufac-

turing companies are asked to donate bikes and the
community helps together to repair and assemble old ones
into useable ones; ^{teens are important, they are in charge, suggest storage, overview where to station the bikes, storage fac. can be painted; plant trees...}

⇒ this would change the whole school drop off/pick
up and neighbourhood area

very beneficial, think of the ringing bells, the laughter,
less car exhaust, less car traffic

of course safe bike trails are important

⇒ plant more trees and berry bushes wherever there's
space (and flowers!!)

youth helps/organizes those 'digging events'

then we need rainwater tanks connected to roof
tops / drainpipes, waterspouts to collect rainwater
to water the plants

⇒ neighbourhood beautification teams are in
charge of watering cans, seeds, ...

give away shovels and saplings

establish more plant nurseries and community
gardens with professional gardeners

so neighbours can harvest their veggies and
fruit ⇒ local food! no packaging, no
truck transport necessary

⑨
⇒ Support small farms now, you don't want only big agricultural industry

encourage and enable natives and other ethnic groups to grow their special produce or farm the old ways → include school children / teens as helpers → we get to know more about each others' way of life

⇒ encourage ethnic groups to share their way of life, their customs → show and tell, street festivals...

again: as earthfriendly as possible! people can bring their own plates / cups for food, use bikes / public transport to get there, no plastics!

Separate garbage → recyclables, trash, glass, metal, Compost

and compost toilets without chemicals / water

those compost heaps are also interesting for kids to learn about worms, insects... so we should have them in school yards or in front of community buildings, in parks etc with volunteers to educate people about them

also of course in private gardens! ④ food scraps, peels and grass clippings will turn into soil! a miracle

⇒ support public libraries (open Sat / Sunday for family outings) and school / classroom libraries to be able to read and understand what s.o. reads is crucial for the development of further skills; choose printed media preferably (s. findings of EU-E-read project and Declaration of Stavanger 2019)

classics and old children's books in which the good dominates at the end, people help e.g., trust their friends..

In this context I'd like to quote Valerie Miles (Foreword to "Journey Through Time in Verse and Rhyme", Rudolf Steiner Press London by Heather Thomas) (10)

"It is important to be aware of the immense effect poetic language has on the growing child, [...] Poetry should be spoken, for in the speaking, the mood felt by the teacher will be passed to the children. [I'd like to add here that this should happen in direct contact and not on screen because on screen the resonating vibrations in the audience can't be felt, the skin, the sense of touch will not be stimulated without bodily presence] ^{good music}

Poetry, which must first enrich the feeling life also fosters the ability to express and articulate clear and meaningful speech later on. This is so necessary for our chaotic times where words need to be strengthened through understanding. Words spoken from ^{the} heart with right will and right thought bring harmony into the world: this harmony works as a healing force in human nature.

[...] For the adult too this collection presents verses through which the meditative quality of inner life can be stimulated, thereby enabling us to develop the true Word which lies at the heart of every human being."

⇒ When children learn to express their feelings with words, when all of us allow ourselves (our SELVES) to be touched by beauty, by gentleness again, when we trust each other, show our vulnerability, seek help from one another, look out for one another, consider the impact of what we think / say and do on EARTH a lot would change, love would grow

⇒ to make this easier we should keep our kids away from internet, mobile phones, TV as well as drugs, alcohol, violence ...

parents to be need to know basics about child development - not only skills but psychological development; what parents can do to provide beneficial conditions - don't let industry CEOs talk here but child specialists !!

to avoid addiction, young children should grow up as if there were no screens to entertain them because they are not entertained

GROWING UP HEALTHY IN A WORLD OF DIGITAL MEDIA

A guide for parents and caregivers
of children and adolescents



**Growing up healthy in a world of digital media –
is easier said than done!**

*This helpful guide
could be provided to parents to be,
preschool, kindergarden, school staff,
Social workers ...
"Bs" will hand it out*

Guides

The plain is a 'relationship organ' which develops in the most healthy way by
perceiving the activity of its own body as well as through real-life contact and
interaction with the surroundings.

Until this age is reached it must be a case of

Own initiative first – Digitalization second

This means that screens should only be used when specifically indicated –
never to kill time!

Ol med Michaela Glocker and Bernadette Lange

Movement for Humane Education

www.elegant.at
and www.schulpsych.at in debates, presentations, inter-human-education

For this reason a guide is now available that offers clear guidance to parents and everyone working with children and young people regarding the age up to which all screen use should be avoided as far as possible and when and under what conditions it can be gradually integrated into a young person's daily life without it having a negative influence on physical and psychological development.

The ISBN-numbers are:

for USA: ISBN#978 - 1 - 943582 - 35 - 8
for Great Britain: ISBN 978 - 0 - 9528364 - 1 - 4
for New Zealand: ISBN 978 - 0 - 9528364 - 1 - 4

Is this familiar to you?

With young children: As soon as the television and laptop are switched on the children are fascinated and quiet.

We can then

- complete our work
- breathe out and recuperate
- make long and stress-free car journeys with the family
- be together with friends without being continuously interrupted by the children's demands and wishes.

It is during the early years of life that screen media are particularly harmful and the more they are used, the more they inhibit development.

Toddlers can then already display the first indications of addictive behaviour. It can furthermore frequently lead to a disturbed development of the brain.

When the children are older – they are always on their smart phones!

- When will you finally do your homework? - Later!
- Are you still awake, it is already 11 o'clock? - And..?
- Can't you for once eat your lunch without the smart phone? - Eh, what?

As parents we would like our children to be familiar with and be competent in the use of digital technology when they are adults.

But what do children require for healthy development?

The richer the childhood years are in terms of play, physical, communicative and artistic activities and the more both younger and older children can engage with the natural world – with plants and animals – the better will be the development of their brain and sense organs.

The key thing is:

The best possible way to stimulate and promote brain development is through the joy of exploration, direct activity and so-called self efficacy.

Since neither the brain nor the developing organisms of the children and young people are computers, it is not possible to further their development using intelligent machines.

It is rather the case that by replacing direct activity with screen time, abnormalities in terms of physical and soul development take on ever greater dimensions. They range from damaged posture, lack of movement, speech impairment and other fine motor skills through to psychological problems such as increased anxiety, aggression, sleep disturbances and an inability to tolerate frustration.

Particularly concerning however, are the studies which show a demonstrable loss of empathy and ability to concentrate. References can be found in the aforementioned guide.

The brain is a 'relationship organ' which develops in the most healthy way by perceiving the activity of its own body as well as through real-life contact and interaction with the surroundings.

It takes about 16 years before the control centres in the fore brain come to maturity, before the neurological basis for independent thinking, sense of responsibility and the autonomous capacity of conscience are developed.

Until this age is reached it must be a case of

Own initiative first – Digitalisation second

This means that screens should only be used when specifically required – never to kill time!

Dr. med Michaela Glocker and Bernadette Lange

Movement for Humane Education

www.eliant.eu

and www.aufwach-s-en.de/das-buendnis-fuer-humane-bildung

or even able to learn s.th. from screens - they are disturbed, they can't understand what's going on, they can't use those gadgets like 14 year olds or grown ups because their mind, their reasoning has not developed yet (that's why they learn how to drive a car with 16 or 18 years old ... !)

additionally, young children are extremely vulnerable to pictures and negative feelings, they get stressed, feel disturbed... and so the basic feeling of trust and security can not develop, which then results in a life long search and insecurity and makes them vulnerable to influences and manipulation which can result in violence...;

in this context I'd like to point out the uncommon but in my eyes highly beneficial idea of the Italian Mayor Mr. Andrea Costa, Sindaco of Luzzara: he banned violence from public life by bringing in art, poetry, gentleness

also beneficial would be classes to learn Marshall Rosenberg's violence-free communication techniques, for journalists, politicians, parents... everyone;

the "Bs" could host community gatherings with instructors to teach the guests about these methods and then everyone who attended the picnic will help the others use the new language by reminding each other when they meet in the community and people will train and learn together and maybe start poetry readings or volunteer to read with children or youth will volunteer to help with the set up for the next community event - more gentleness, more trust, more friendships...; and they might be really excited about another project:

additionally to the bikes for students, I'd love to have greenhouses or (community) veggie gardens at school and berry bushes and fruit trees - maybe part of the parking lots can be ripped up and soil brought back instead of

asphalt - or maybe a neighbor has a big yard, or there's a park⁽¹²⁾ that can be used;

a lot of Waldorf Schools do this already: they have a veggie garden and Kitchen and work in the garden during school hours and use the harvest to cook lunch (in addition to organic food from nearby professional producers)

So, I'd invite the "Bs" to find farmwives, cooks, gardeners... who'll share their experience with the students (Waldorf teachers as well of course)

school lunch should be cooked directly at school in a kitchen with veggies, herbs etc from the school yard; students can help to organize / take shifts, help to sow, grow, tend to, harvest and cook; they'll have fresh lettuce, tomatoes, cucumbers, their own potatoes... this means: less traffic, less energy wasted for prepacked lunch, less trash, better taste, students learn how to cook, to measure, do need math to weigh ingredients, learn to follow instructions (recipes!), learn where ingredients come from, which fruit / veggies are in season, how to prepare healthy meals, they take responsibility, take care for others, take their knowledge home, cook for their families, plant their own garden, bring the idea to community centers, firms, companies... the White House?! where do your veggies come from? is there a school close by and an area / piece of earth that's not locked by asphalt - maybe you'd like to start a veggie garden and raspberry bush alley or blackberry hedges, apple tree promenade...

the scraps go to the compost pile to grow into new soil together with grass clippings and changed by rainworms or they could be used as animal food if some schools or communities decide to tend to pigs or chicken or ducks to "grow" their amount of eggs

to be able to work in such a setting, outside, physically active, doing sensible, down to earth work will be such a stimulant for students (13)

they'll see the wonders of nature, they'll feel how very, very grateful we can be to live on and from EARTH, they'll feel their origin, where they come from realize how very important it is to have clean fresh water, to help together, to be patient and diligent, they'll bond with EARTH, with each other

[this same thing happens when people make music together, sing together, paint, "work" on an arts project... all those creative expressions that nurture our souls, that open our hearts towards each other and EARTH, all those sensible actions when we are allowed and able to care for something good

these feelings, these vibrations, care and compassion,
LOVE

this is what nurtures and heals our souls
makes us whole]

and in combination with exchange programs, so we all get to know more about other nations' languages, history, traditions, habits, the daily life in other countries

in a combination with this exchange we'll develop a true understanding for other nations, for their needs; we will transform the existing system (which focuses on control, intellect, profit and technologies), we'll transform it, feeling into our hearts, strengthening our human connection rebuilding trust, truly caring about each other and ~~NOTHER~~ EARTH, sharing our love, our godly light

LOVE shines and becomes really true when I start ...

In addition to these thoughts about our feelings and a society that'll be more wonderful and caring and safer (without the destructive power of weapons)

I'd like to add 2 environmental ideas:

1. wherever possible we could build cisterns to collect rain-water so we can use it for watering plants and for washing machines and toilets

ah - I just remember: no dryers! let's line dry all our laundry! esp. in Southern states like AZ, CA, NM, TX.... those clothes dryers are a waste of energy! - has anybody got an idea what to do with them? remodel them into s.th. useful...

2. again, esp. in the Southern States where sun shines abundantly: let's use solar power!

Find local companies who can install a few panels on every rooftop and hook them up to private homes power supply; put panels on top of public libraries, Community centers, the CAPITOL.... this will create a lot of work and therefor employment for local workers

I know Congress blocked your climate package, Mr. Biden, but we can't wait any longer, so, again, the "Bs", the "bees" are needed here

I've read about a company in Augsburg, Germany, that manufactures solar panels in the shape of long tubes which can be installed on stilts high over agricultural areas, fields, meadows - or parking lots! as shade structures which simultaneously provide power/electricity for the coolers/freezers (AC in supermarkets for example - and on the fields, farmers can drive through underneath the tube structures to work on their fields the company is called 'Tube Solar', I think;

⇒ remind citizens to save energy by turning off their cellphones & electronic and electric devices as often as possible

(A)

These following pages are meant to explain in more detail why we should choose another ~~society~~ way of living, which is more sensible and up to date than the system we are stuck with right now and which is not able to solve our problems (injust distribution, violence, frustration, no commitment, isolation, poor health...)

Dear CEOs, General Directors, Politicians, Leaders, Artists,
and youth all over the world, I'd like to share some
thoughts:

at this very moment, within our economical system, we produce too much we do not really need and by doing so we waste energy and resources (which could instead be used to satisfy basic needs like clean water, food and shelter in other parts of our world in an earth friendly way)

Have you been to a supermarket in the US or Europe lately? Take a look at the rows of prepackaged, unhealthy "food" that was brought there by trucks and will end up in a waste bin or dumpster after expiring;

big selections of nearly everything, so people can choose, so they are lured into buying things they essentially don't need - but which they should want;

(which applies not only to food but also cars, cleaning supplies, building supplies, plastic toys etc)

so: things we don't need but which we should want, and that's my point:

in our system a lot of services and goods are not offered or manufactured because we need them (on demand),

but to make money by offering them -

and to get people to buy them there's more energy wasted (TV spots, circulars, on sale offers...)

and to produce those goods companies don't care about damage to workers or environment, they are victims of the 'cheap, be cheap', need to keep costs / expenses low to get a good profit

and customers don't want to spend much money because they get only a certain amount with their paycheck and so they want cheap things but sometimes buy more than they really need

now, I'd like to show you a different way of living:

if we'd produce what we need, where we need it and by people who know the people who need it - that would alter a lot

if we'd produce it without payment, without the need to buy labour, to pay for the services and goods, without any kind of monetary payment - but because we care for each other (and I do not mean that we should exchange or barter goods, no; we will provide them, produce them because the other human (or animal or plant) needs them to have their basic needs fulfilled, needs them to feel content and we understand this because we ourselves have needs that we'd like to be met - and so egoism and love effect together an understanding between individuals and also between nations and all over the world we'll feel the liberation of loosing the old complicated destructive system of gain and control)

So, we'd produce without payment, because we care

about each other and earth

What would that mean? What would that bring?

Well, we would still have all our abilities, the skills we've learned, our talents, but loose the rivalry, loose the stress and pressure, loose the rat race

because we could trust to be provided with what we need since there'll be people who love to grow fruit or veggies; we'll have local production: small farms and greengrocers, livestock with butcher, shoemakers, weavers, mills and bakeries... similar to still flourishing rural communities in our countries

we'd produce things after thinking about who needs them and why and choose ways that are least harmful and destructive to earth's balance

all sensible programs to protect the environment would be pursued and effective since there's no more "that's too expensive! that costs too much!" how wonderful!

and people could choose different careers, moms stay at home, tending to kids and garden and cooking, ... or learn how to play an instrument or care for chickens, plant beans, drive a tractor ... do what they always dreamed of doing because everyone will be included in the care, will be provided basic food and shelter, people can do what they enjoy doing, learn what they are interested in, with schools that use the Waldorf, the Rudolf Steiner approach in teaching ... become a dentist, car mechanic, ...

Can you feel how different such a world would feel?
relaxed, enthusiastic, happy, trusting, beneficial

we'd still need laws and people to enforce them and rules to structure our society, but these would be

these rules would be born out of our wish to
Contribute to the wellbeing of our community,
 out of the understanding that earth is our MOTHER, our
 nurturer and we are all interconnected, even animals
 and plants

and we could remind us of this truth with a poem,
 a new pledge (or an additional):

(only)

I pledge allegiance not^v to the flag of a manmade state
 but to MOTHER EARTH
 from which I come
 one people under the sun

one people

living on different continents

speaking different languages

having different traditions and beliefs

sharing one wish : to live in peace, in harmony,
 safe, with water to drink, food to eat,
 shelter for warmth and GOD in our hearts
 so we'll create home for each other
 on this beautiful planet EARTH
 which I love



good rune
 July 12th, 2022

today, we have United Nations, but only 5 permanent members, who represent their nations

in the future, we should have a ONE NATION / ONE EARTH

with representatives from Rudolf Steiner FAMILY committee all family members on earth

we need to work on that thought, think it, dream it, colour it in our imagination

for only then it'll become reality



"feeling as one human nation"
"in everyone's heart"

an oral presentation by Rudolf Steiner

Oct 30th, 1919

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Contents/ Inhalt:

- Das internationale Verständnis hat im Krieg versagt S. 5
- Die Menschheit ist ein lebendiger, beseelter, durchgeistigter Organismus, eine Einheit in der Vielfalt S. 25
- Die Weltwirtschaft entspricht den menschlichen Bedürfnissen, das Völkerrecht der gleichen Würde aller Menschen. Der einheitliche Geist beseelt die Weltproduktion S. 28

Rudolf Steiner ermuntert uns zu Veränderung; dazu, einen neuen Geist zu erarbeiten, der uns als Weltgemeinschaft fühlen und handeln lässt; — anders als heute, denn heute agieren die einzelnen Nationen aus Interesse an sich selbst, an ihrer Wirtschaft, interessieren sich dafür ihre Produkte abzusetzen, ihre Waren zu bekommen — zweitrangig die Auswirkungen auf die Welt, auf die Produktionsländer ... [dem Egoismus fehlt noch die ausreichende Liebe für das „Du“] viele, viele, v.a. Wirtschaftsfachleute sollten diesen Vortrag lesen! er zeigt eine praktikable Perspektive, eine Möglichkeit zu einer Zukunft die sich gut anfühlt...

addition, May 2023

(E)

When we produce only what we need - on demand -
we will not need all those concrete parking lots,
the factories, the storage facilities, airconditioning,
trucks for delivery ... that crowd earth today
it'll be more quiet, less polluted, less artificial;
we'll have the opportunity to remodel those buildings:
change them into apartments, living quarters, condos;
change them into sports facilities, swimming pools,
indoor tennis courts, arts centers ...
without using up and sealing more soil, more earth
to do so - (we'll plant trees and flowers instead!)
we can use the materials, re-use them, re-cycle
we'll produce less garbage
animals will have more space in their barns / stables
on the farms - they'd be healthier
we'd be healthier! cleaner air, free to roam
(no borders, no customs, nothing to declare! no or
at least less arguing about money...)
and plants and animals would have more living
space again!!

our food production would shrink, the garbage dumps,
and most of all: all the unnecessary junk would
not be produced any longer and therefore not clutter
our homes and garages ... people could live there!

travellers / guests from other parts of the world; we'd
welcome them like relatives - they can cook, talk

about their beliefs, their cultural traditions - (F)
they'll come by train, on bicycles, by bus, on foot
- flights would be reduced
to give us and the birds clear skies

think - imagine - dream - how wonderful this is
going to be

and you know what? we are free to choose!
we can decide to establish Citizen groups in which
we talk about this change; exchange our ideas,
our feelings, our concerns and doubts,
start to think about it with the wish to make it
happen: to grow into one world family, to feel
as one earth organism, to acknowledge the way
of connection, of interbeing that binds us as
humans to earth;
work on the theory with the future reality on our
minds, in our hearts

I, I am totally excited about this perspective, about
this NEW VISION because it feels right, it feels
peaceful and light for the whole earth organism

more arts, more creative expression, more leisure,
more trust, more gentleness
liberated from the need to control, to lead, to destroy
liberated

laughing at each other
looking at each other, feeling well and cared for while
caring for someone or something - let's start!

start with sharing these thoughts on p. A - F... think...
feel

and another addition, June 2024

⑨

during this spring I've discovered just how many groups and individuals feel, think and work on concepts and projects concerning EARTH's health;

I'd like to introduce 3 of them to you which seem to fit my approach and relate deeply to one another:

- ① Jonas Rybak and his friends; former Waldorf students; help us to understand Rudolf Steiner's idea "Social Threecfolding" (which I've mentioned above [page with booklet "Eine Menschheit im Herzen jedes Menschen"; "Social Threecfolding: Rebalancing..."] they've created a video to share their discoveries:
→ "Zusammenspiel - Anregungen zu einer Sozialen Dreigliederung des öffentlichen Lebens" on You-Tube
and also "dreigliederungsstudium.de", a workshop to introduce the aspects and benefits of this approach;
- ② "Kulturland e.g. Genossenschaft" www.kulturland.de
an ingenious way to protect soil for organic farming
- ③ Andreas Beers, an organic farmer, coach, and CEO of "Artha Samen AG" (organic seeds...)
who - in my opinion - has developed a very, very remarkable (way) idea that enables us to change the current system of farming / living / production worldwide
it's introduced in the magazin "ZEITPUNKT" (which itself I highly recommend to read!)
Zeitpunkt, volume number 177, p. 4-25 "Das Hohenfeld der Landwirtschaft"
and in greater detail ~~can be~~ be found at:
www.zeitpunkt.ch/Wahre-Landwirtschaft

I invite you, dearest reader, to take your time and find out more about those approaches!! and join us. Thank you, Gudrun