

smart is not s-m-a-r-t !
"smart" means "sm-art"
sado maso art
and is created to enslave us - mentally -
(not sexually)

a few sadists who
don't care about others have designed
the art of exploitation

and we - we are the idiots - the masochists
the users, addicts and victims
who, with every click, destroy ourselves
and the environment and mother EARTH
for the gain and profit of a few



So :

switch that thing off

go outside

and walk

walk and walk and walk

don't consciously think, walk, find a rhythm,

walk, for hours

round and round the park or along the road

or through a forest...

walk



I'm curious what'll happen to you
when you'll hear that inner voice
that most of the time is drowned by entertainment

walk
don't think consciously
walk

day after day
whenever you'd normally stare at a screen -
aimlessly
walk

you'll find surprising things inside your head
true things
worthy things
they'll come to you while you walk - just
continue

liberate your SELF
shed the unnecessary stuff that normally occupies
you and weighs you down

walk
you'll feel so light so free so on the
track of something that'll do you good
you'll change

you'll connect to EARTH and earth is
at the H^EART of everything
the heart, the love, the forgiveness, the hope, the art, the
creation, idea, life ... walk!!!